



Hispanic Counseling Center Inc.

Opening Doors to the Future  
for Long Island Families  
Since 1977



### ABOUT THE AGENCY

The Hispanic Counseling Center (HCC) is a multi service agency with culturally competent, fully bilingual and bicultural treatment and prevention services for mental illness, substance use disorder, and youth and family services.

HCC has the distinction of being the only agency in the region which is licensed by both the New York State Office of Addiction Services and Supports (OASAS) and the New York State Office of Mental Health (OMH) to provide the Long Island community bilingual and bicultural behavioral health services.

The agency has successfully served a fast growing client base, and meets all of the standards set by accrediting and funding agencies. Program services are available to anyone, regardless of race, ethnicity, or economic status.



### OUR MISSION

The mission of Hispanic Counseling Center is to enhance the strengths of Long Island's families and children through bilingual and bicultural counseling, prevention, and vocational, and educational services to enrich their lives, to foster economic independence, and to nurture dreams for the generations to come.

### PROGRAMS AND SERVICES

#### BEHAVIORAL HEALTH SERVICES

- Community Mental Health Promotion and Support (COMHPS)
- Domestic Violence Batterer's Intervention Program
- Mental Health Outpatient Program
- Regional Prevention and Support Services Initiative (RPSSI)
- Ryan White Mental Health Program
- State Opioid Response Program (SOR III)
- Substance Use Outpatient Program

#### SUPPORT SERVICES

- Health Home Care Coordination for Adults
- Supportive Housing Program

#### YOUTH and FAMILY PROGRAMS

- Empire After School Program
- Family Peer Support and Respite Services
- Parenting Education Program
- Summer Program
- Teen Drop-In Center

For more information on programs and services, please visit the HCC website:



Web: [www.hispaniccounseling.org](http://www.hispaniccounseling.org)  
Email: [info@hispaniccounseling.org](mailto:info@hispaniccounseling.org)

### LICENSED BY:

- New York State Office of Addiction Services and Supports
- New York State Office of Children and Family Services
- New York State Office of Mental Health

### FUNDED BY:

- Nassau County Office of Mental Health, Chemical Dependency, and Developmental Disabilities Services
- Nassau County Office of Youth Services
- New York State Office of Addiction Services and Supports
- New York State Office of Mental Health
- United Way of Long Island



### HISPANIC COUNSELING CENTER

#### Nassau Office:

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#### Suffolk Mental Health Clinic:

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Bay Shore, NY 11706  
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Fax: 631-939-2144



## BEHAVIORAL HEALTH SERVICES

### Community Mental Health Promotion and Support (COMHPS)



COMHPS provides short term counseling in order to establish, maintain, and improve individual and community mental health and wellness:

- Completely free and confidential
- Individual mental health screenings
- As needed, brief counseling and referrals to licensed mental health professionals.

### Domestic Violence Batterer's Intervention Program

The program serves individuals who are referred by courts, child welfare agencies, and other sources due to charges stemming from domestic violence and child abuse:

- Twenty six week psychoeducational program to reduce potential for family violence
- Education on legal implications and the effect of violence on family members.

### Mental Health Outpatient Program

Treatment services for children ages five and older, adolescents, adults, seniors, and families:

- Individual, family, and group therapy
- Psychiatric evaluations
- Medication management
- Services for victims and children exposed to domestic violence.

### Regional Prevention and Support Services Initiative (RPSSI)

The RPSSI program provides services to individuals who are at risk of, or are living with, HIV/AIDS:

- HIV/STD/Hep C prevention and support
- PrEP/PEP education and screening
- Informal counseling, education on HIV related issues, and other assistance.

### Ryan White Mental Health Program



The program provides treatment services for those who are affected by HIV/AIDS and are not eligible for other insurance

- Individual and family counselling
- As needed, psychiatric evaluation, referrals for medication, care coordination, and other services.

### State Opioid Response (SOR III) Program

Program for at risk youth and their families to increase awareness of opioid and substance use problems:

- Evidence based prevention workshops
- Tools and strategies to avoid drug use
- Prevention information and referrals.

### Substance Use Outpatient Program

Treatment services for individuals recovering from drug and alcohol related problems:

- Individual, family, and group counseling
- Crisis and family intervention
- Psychiatric evaluations, toxicology exams, and medical screenings
- Psycho-educational series
- Prevention services and education.

## SUPPORT SERVICES

### Health Home Care Coordination for Adults

The program provides case management services to adults with serious behavioral and/or physical issues:

- Helps individuals navigate the health care system
- Services include support for financial, health, housing, and educational needs.

### Supportive Housing for Adults with Intellectual Disabilities

The Supportive Housing program provides advocacy for adults with a serious mental illness diagnosis to prevent homelessness and provide permanent housing:

- Financial assistance with rent, utilities and home furnishings
- Referrals to community resources necessary to maintain independent living.

## YOUTH and FAMILY SERVICES



### Empire After-School Program

The program is offered in collaboration with Hempstead High School for newly arrived students and parents:

- ESL, math, and literacy tutoring
- Education and information
- Informal counseling and support.

### Family Peer Support and Respite Services

The program provides weekly temporary care of children with emotional and behavioral issues to give parents and caretakers a period of rest in caregiving:

- Family and peer support
- Parent education workshops and advocacy
- Social skills and recreational activities for children.

### Parenting Education Program

A program for parents to maintain a healthy relationship and improve parenting skills, and overall communication with their children:

- Child abuse and neglect education
- Education on respect, communication, effective discipline skills, self-esteem, and more.

### Summer Program



Six week summer camp to enrich the lives of young people, ages 6-17, in a safe and supervised environment:

- Cultural and academic enrichment
- Recreational activities, arts and crafts, and field trips.

### Teen Drop-In Center (TDIC)

The TDIC serves youth ages 12-17 and offers supervised informal learning during the critical after-school and early evening hours:

- Homework help, computer literacy, peer mentoring, counseling, and prevention workshops
- Educational workshops for parents.